

XTERRA DOLOMITI DI BRENTA Trail

7 SEPTEMBER 2024

RACE RULES

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ARTICLE 1 – ORGANIZATION

Molveno Holiday (<u>www.molveno.it</u>) organizes for Saturday 7 September 2024 a trail running competition with three races of different distances:

- Dolomiti di Brenta Trail 64K (64 km and 4200 m elevation gain +/-)
- XTERRA Dolomiti di Brenta Trail 45K (45 km and 2850 m elevation gain +/-)
- XTERRA Dolomiti di Brenta Trail 21K (21 km and 1250 m elevation gain +/-)

ARTICLE 2 – THE RACES

There are three running races in a natural environment in a single stage with departure and arrival in Molveno (Tn) mainly on paths that cross the Brenta Dolomites group - a natural heritage protected by UNESCO.

The "XTERRA Dolomiti di Brenta Trail 21K and 45K" races are part of the **XTERRA Trail Marathon Championship** circuit (<u>www.xterraplanet.com</u>).

ARTICLE 3 – ROUTES AND ROADBOOK

The routes of the three races (map, description and GPS tracks) are documented and described on the website <u>www.dolomitidibrentatrail.it</u>. The organization reserves the right to make changes until **31 July 2024** when the definitive and official route will be published.

ARTICLE 4 – RACE PROGRAM

The detailed program of the races will be available on the website <u>www.dolomitidibrentatrail.it</u> starting from 31 July 2024 and updated until the day before the event.

ARTICLE 5 – RACE REGULATION

This race is open to all people, men and women over 18 at the time of registration, affiliated or not. Participation at the "XTERRA Dolomiti di Brenta Trail" is subject to unreserved acceptance of these regulations. Registration of athletes with disqualifications for doping in any discipline will not be accepted. The limit of athletes is set at:

• 200 athletes for the "Dolomiti di Brenta Trail 64K"

- 500 athletes for "XTERRA Dolomiti di Brenta Trail 45K"
- 200 athletes for "XTERRA Dolomiti di Brenta Trail 21K"

ARTICLE 6 - SEMI-SELF WATER AND FOOD AUTONOMY

All participants of 45K and 64K must always have an adequate supply of food and a water reserve of at least 1 liter with them for the entire duration of the competitions. Along the routes there will be refreshment points and water supply points indicated on the maps published on the website <u>www.dolomitidibrentatrail.it</u>. Any form of personal assistance outside the refreshment points is prohibited. It is forbidden to be accompanied along the route by people who are not regularly registered for the races.

ARTICLE 7 - PARTICIPATION IN THE CAMPAIGN "I DO NOT THROW AWAY MY WASTE"

The race takes place in fully protected ecosystems. Under **penalty of disqualification**, the athletes must respect the natural environment, in particular avoiding throwing away their waste, picking flowers or disturbing the fauna. The event adheres to the campaign launched by Spiritotrail (<u>www.spiritotrail.it)</u>"I don't throw away my waste" aimed to protect the environment and the nature. Each participant must have a personal glass with him. **There will be no plastic cups at the refreshment points.**

ARTICLE 8 – RULES FOR REGISTRATION

The race takes place in a predominantly mountainous environment <u>with passages at an altitude of 2500m with</u> <u>some sections classified as "EE" (Escursionisti Esperti)</u> and with the possibility of difficult weather conditions (wind, cold, rain or snow). Good physical preparation, adequate equipment, mountain hiking experience are required and it is recommended to have participated in other competitions of similar difficulty/distance. All participants are required to present a valid medical certificate for competitive activity (athletics) recognized by their country of residence and valid at the time of the dispute of the event. In case of non-delivery of the medical certificate or in case of presentation of an invalid certificate at the time of the race, the bib number will not be delivered.

The medical certificate for foreign athletes must be provided using the appropriate form provided by the organization. No other medical certificates or certificates on forms from other events will be accepted.

The organization reserves the right to request any type of certificate (e.g. green certification for COVID-19) and/or other certification required by the regulations in force at the time of the event. The organization also reserves the right to exclude from the event all athletes who have not produced all the required documentation or who do not comply with the rules established by current legislation and with the instructions given in order to protect and guarantee the health of all athletes , both in the race and in the moments before and after the race.

ARTICLE 9 - METHOD OF REGISTRATION

It is possible to register for the event **starting from 01 March 2024** by following the links at <u>www.dolomitidibrentatrail.it</u> with payment by credit card or bank transfer. Payments by credit card may require fees in addition to the registration cost.

The list of registered athletes will be constantly updated and available on the website <u>www.dolomitidibrentatrail.it</u>.

ARTICLE 10 - REGISTRATION FEES

The registration fees are set as follows:

• from 01 March 2024 until 30 June 2024

- ✓ Dolomiti di Brenta Trail 64K euro 55
- ✓ XTERRA Dolomiti di Brenta Trail 45K euro 45
- ✓ XTERRA Dolomiti di Brenta Trail 21K euro 30
- from 1st July 2024 until 28th August 2024 (or bib number runs out)
 - ✓ Dolomiti di Brenta Trail 64K euro 60
 - ✓ XTERRA Dolomiti di Brenta Trail 45K euro 50
 - ✓ XTERRA Dolomiti di Brenta Trail 21K euro 35

ARTICLE 11 - REGISTRATION REFUND

In the event of cancellation of the race due to force majeure or the impossibility of starting the event, there will be no refund of the registration fee. There is no refund of the registration fee even in the event of an athlete being unable to participate in the race.

ARTICLE 12 – SERVICES

The registration fee includes:

- bib
- gps tracker for all 45K and 64K athletes
- race pack
- refreshment points along the race route
- final pasta party (only if the health situation allows it)
- showers (only if the health situation allows it)
- race pack
- gadget finisher (only for classified competitors)

• return to Molveno in case of early withdrawal from the race, according to the procedures that will be indicated by the organization according to the point of where withdrawal from the race will take place

ARTICLE 13 - MANDATORY EQUIPMENT

The 45K and 64K athletes, under **penalty of disqualification or penalty**, undertake to carry the following mandatory material with them during the entire duration of the races:

- backpack or fanny pack that may contain the material listed below (disqualification);
- waterproof jacket suitable for withstanding bad weather conditions in the mountains (disqualification);
- long-sleeved shirt, 3/4 length trousers, gloves and cap (the organization reserves the right to integrate this equipment with more material due to the weather conditions by notifying it on the website www.dolomitidibrentatrail.it in the days before the race; it also reserves the right, always in accordance with the weather conditions, to request to wear 3/4 length trousers at the start) (disqualification) (*)
- survival blanket / thermal blanket (disqualification)
- whistle (30 minutes penalty)
- working lamp with spare batteries for the 64K (disqualification); participants in the 45K must necessarily have

a front torch if they pass through the Pedrotti hut after 17.00 (after that time athletes without front torch will be disqualified and stopped waiting to get back accompanied by the organization – the organization strongly recommend to all participants in the 45K to carry the headlamp to avoid any risk!)

• adhesive elastic band suitable for making a bandage or strapping (minimum 80cm X 5cm) (disqualification)

• charged mobile phone, without masked number and with the organization number memorized (disqualification)

- personal glass
- minimum 1 liter water reserve (30 minutes penalty)
- food reserve (30 minutes penalty)

The 21K athletes, **under penalty of disqualification**, undertake to carry the following mandatory material with them throughout the duration of the race:

- windproof jacket (waterproof if the weather conditions require it)
- personal glass or water bottle
- survival blanket / thermal sheet (if weather conditions require it)

The use of sticks for the entire duration of the race is permitted.

On the equipped path located near the Bocca di Brenta, the hiking poles must necessarily be placed in the backpack or attached to the pouch in order to have both hands free for safety; the violation of the indications given by the organization team or of by the mountain rescue present on the path could determine the disqualification.

The change of material is allowed only at the refreshment points. The athlete assisted along the race (change of equipment, companions, refreshments, ...) will be disqualified.

The organization reserves the right to carry out spot-checks before the start, during the races and upon arrival.

ARTICLE 14 - BIB AND CHIP

The bibs will be delivered personally to each athlete on the days and during the times published in the event program (see ARTICLE 4) upon presentation of an identity document with photo. It can also be collected by a third party with a written proxy and a copy of an athlete's document (all documentation will be retained by the organization). The bib, **under penalty of disqualification**, must always be worn in a clearly visible way during the entire duration of the race. The CHIP is integrated into the bib and allows an automatic registration (at marked points along the route) or by manual check (at unexpected points) of the passages of the athletes along the route. It also allows the formulation of the final rankings. Each athlete must ensure to be registered at the start, finish and intermediate checkpoints.

To reduce the environmental impact, the chip applied on the back of the bib must be detached and returned upon arrival by depositing it in the appropriate containers prepared by Wedosport. In this way the chips can be reused during other events rather than ending up in the waste.

ARTICLE 15 – GPS TRACKER

All athletes registered for the 45K and 64K races will be provided with a GPS tracker (included in the registration fee) which must be used throughout the race **under penalty of disqualification**.

The tracker will be delivered on the morning of the race (before checking and entering the starting area) by showing the bib number. The device must be returned immediately after arrival by depositing it in the

appropriate containers or by returning it to the team organizers' table. In the event of loss and/or failure to return, a compensation of €150 corresponding to the value of the tracker will be charged to the athlete.

Details on the distribution of the devices will be communicated in the weeks before the race, together with the detailed program of the event.

ARTICLE 16 - HEALTH / SAFETY PLAN

The organization staff will prepare the health/safety plan. It will be available in the days preceding the event on the website <u>www.dolomitidibrentatrail.it</u>. Each athlete, by participating in the competitions, undertakes to respect the decisions taken by the rescuers during the management of any form of emergency that may arise during the event.

ARTICLE 17 - DEPARTURE TIMES, MAXIMUM TIME AND TIME BARRIERS

The "Dolomiti di Brenta Trail - 64K" race will start at 6.00 a.m. and the maximum time to complete the route will be **16 hours.**

The following time barriers are also planned:

- Andalo (beginning of ascent): 1h 10' / 07.10 am
- crossroads 64k/45K beginning of Val dei Cavai: 2h40' / 08.40 am
- intersection of paths 370/301 near Passo Gaiarda (reunification of two paths): 6h45' / 12.45 am
- Graffer hut: 7h45' / 1.45pm
- Tuckett hut: 9h45' / 3.45pm
- Pedrotti hut 12h30' / 6.30pm
- Croz dell'Altissimo hut 12h45'/ 8.15pm

"XTERRA Dolomiti di Brenta Trail - 45K race will start at 7.30 a.m. and the maximum time to complete the route will be 14.30 hours.

The following time barriers are also planned:

- Andalo (beginning of ascent): 1h 20' / 8.50 am
- crossroads 64k/45K beginning of Val dei Cavai: i: 3h30' / 11.00 am
- intersection of paths 370/301 near Passo Gaiarda (reunification of two paths): 5h15' / 12.45 am
- Graffer hut:: 6h15' / 1.45 pm
- Tuckett hut: 8h15' / 3.45 pm
- Pedrotti hut 11h00' / 06.30 pm
- Croz dell'Altissimo hut 12h45' / 8.15 pm

The "XTERRA Dolomiti di Brenta Trail - 21K" race will start at 10.00 and the maximum time of the race is set at 5.00 hours.

The following time barriers are foreseen:

• Croz dell'Altissimo hut 3h00' / 1.00pm

Athletes who do not pass through the checkpoints within the limits established by the time gates will be

considered withdrawn and will have to give back the bib number to the organization staff. The athlete who wants to continue without a bib out of the competition, will assume all responsibility for the consequences that could arise.

ARTICLE 18 - BROOM SERVICE

The last athlete of each race will be followed by the staff of the organization assigned to "broom service". This staff has the full right to stop an athlete even if he/she is not at a time barrier, arranging his return to the finish area.

ARTICLE 19 – ATHLETE WITHDRAWALS

In the event of an athlete withdrawing along the route, the athlete is obliged, as soon as he/she has the opportunity, to go to the nearest checkpoint, communicate his/her withdrawal to the organization staff which will take care of her/his return to the finish area. In case of the failure to communicate a withdrawal and the consequent start of the research, any resulting expense will be charged to the athlete.

ARTICLE 20 – DISQUALIFICATIONS

The competition jury can disqualify a competitor in the cases described in art. 13 and in the following cases:

- bib worn in a non-compliant manner
- bib exchange
- failure to use the gps tracker (for 64K athletes)
- failure to pass a checkpoint
- use of a means of transport
- departure from a checkpoint after the time barrier
- doping or refusal to submit to a doping control
- lack of assistance to another athlete in case of difficulty
- use of personal assistance outside the permitted points
- abandonment of personal material or waste along the way
- failure to comply with the rule of not being accompanied on the route
- insults, rudeness or threats against members of the organization or volunteers
- refusal to be examined by the organization doctor at any time during the race
- failure to comply with the instructions of the organization staff and/or mountain rescue personnel
- route cuts

• for Duo-team race: if each pair passes through the checkpoints and time gates with a gap between the two athletes of more than 30 seconds

ARTICLE 21 - PENALTIES

The race jury penalizes any athlete (with addition of minutes to the final time) in the cases described in art. 13.

ARTICLE 22 – CLAIMS

Only written complaints sent to the Race Director within 30 minutes after the publication of the provisional classification are accepted, with a deposit of €300.00.

ARTICLE 23 - JURY

The jury is composed of:

- the race director
- the coordinator responsible for safety
- the head of the medical team
- the staff responsible for the checkpoints
- the members of the competition technical staff

The decisions made by the jury are not appealable

ARTICLE 24 – CHANGES TO THE ROUTE AND CANCELLATION OF THE RACE

The organization reserves the right to change the route at any time without notice. In the event of unfavorable weather conditions, the start may be anticipated or postponed, and the race may be cancelled or suspended while in progress. In the event of changes in the route or in the departure time, the time barriers and the maximum time for the races could also change.

ARTICLE 25 – INSURANCE

The organization has a civil liability insurance for the entire trial period. Participation takes place under the entire responsibility of the athletes, who waive the right to institute any proceedings and any recourse against the organizers in the event of damages, in the event of other consequences and in any other case connected with participation in the competitions and deriving from it. To receive the bib each athlete must sign a declaration of assumption of responsibility.

ARTICLE 26 - RANKINGS AND AWARDS

All athletes who reach the finish line within the maximum time will be classified. For each race will be awarded:

- the first 5 men
- the first 5 women
- the first 3 pairs of Duo-team (1 MM, 1 FF, 1 MF)

No cash prizes are awarded.

According to current legislation, the awards can take place in public with all athletes, or individually in order to avoid gatherings.

ARTICLE 27 - RIGHTS TO THE IMAGE

Every athlete expressly renounces the right to the pictures taken during the race and renounces as well any action against the organization staff and its authorized partners to use these images.